



**Sunday and Monday 30th and 31st May 2010 (Vetting on 29th May)
Quantock TREC**

English and European Cup Competition

In aid of: Dorset and Somerset Air Ambulance

Adscombe Farm, Adscombe, Over Stowey, Bridgwater, Somerset TA5 1HN

By kind permission of Mr and Mrs B Bartlett

Grid Reference: ST 181 378 OS Map OL 140 "Quantock Hills and Bridgewater"

Full directions will be available from www.trecsouthwest.com

Organiser: Vanessa Warren

Centred on a farm in a lovely valley in the Quantocks, there will be Levels 1, 2, 3 & 4 over two days. The routes will use the best of the going and take in forestry, farmland and open moorland with views to the sea. There will be very little roadwork. As a guide to which class will be suitable for you, here are some notes regarding the POR. The terrain in this area does involve gradients, whichever level you enter you will have to get out of the valley and back in again! So you should make an effort to have your horse reasonably fit if you wish to tackle the higher levels. The venue is 25 minutes by lorry from junction 23 of the M5. There are good roads all the way to the venue.

The L1 will be as easy as the terrain will allow. The L2 will be at the upper skill level for this class and close to maximum distance, therefore not suitable for first timers. L3 & L4 will NOT be maximum distance. In order to construct a circular route, comply with the access on the hill and provide an appropriate orienteering challenge, some change of altitude is inevitable. No hills have been included simply for the purpose of adding an endurance element. On occasion, there will be short stretches of quiet roadwork, specifically in order to avoid altitude gain/loss and avoid unsuitable paths.

The Quantocks are relatively safe for orienteering, in that the area is not that large, you will encounter plenty of reference points and other users and there are no bogs! Speeds will be set appropriate to the terrain. One or two PTV obstacles may be found on the POR.

There will be corraling on site and for those who do not wish to camp there is B&B in the village and plenty of other accommodation close by. Stabling is not offered onsite, but at the neighbouring Halsey Cross Farm approx 1 mile away. Telephone the Barrows on: 01278 732413 to arrange at £15 per horse per night, to include straw. (Numbers are limited) For human B+B go to www.quantockonline.co.uk or telephone Suki Lilienthal: 01278 733237 at Parsonage Farm, Over Stowey, TA5 1HA.

The Morgans at White Horse Farm Shop (01278 732372), will be providing a hot evening meal on Sunday, using pork from their own Gloucester Old Spots. They will also be providing the judges lunches and manning a food stall on Sunday and Monday. Please note that competitors will need to cater for themselves on Saturday night or visit one of the excellent pubs in Nether Stowey or Keenthorne.

There are plenty of attractions in the area for non-horsey partners, the area has literary connections as Wordsworth and Coleridge both lived here for a time. The port of Watchet is nearby and the Brendon hills beyond have a wealth of industrial history to be explored.

You may arrive at the venue any time after 1pm on Saturday 29th. Pre-competition vetting for competitors in levels 2, 3 and 4 will take place between 3pm and 7pm on Saturday. Please ensure you arrive in plenty of time for this.

However I would urge all competitors who are bringing a friend/partner, to volunteer their services to assist in running the competition, on at least one of the two days. In order to provide a quality of judging, run the competition on time, avoid undue use of unmanned tickets and produce speedy results, an enormous amount of manpower is required. If you are able to help PLEASE contact the organiser well ahead of the competition date to assist in allocating roles. Routes/plans etc have to be modified if insufficient manpower is available.

If you have no judging experience please still volunteer, there are many tasks you can fulfil and it is an excellent way to learn about the sport. You will receive a packed lunch on each day that you assist and anybody judging on both days will receive their Sunday night meal free.

Entry Fees and Classes:

Online entries and payments may be made at www.trecsouthwest.com

L1 pairs and individuals –

TSW/BHS Gold members/Affiliated Riding Club (BRC) Members: £25.00

Others £30.00 (must provide details of 3rd party liability riding insurance with entry)

Level 1 classes generously sponsored by Just Chaps Ltd.

www.justchaps.com



L2 pairs and individuals –

TSW/BHS Gold members/Affiliated Riding Club (BRC) Members: £45

Others: £55 (must provide details of 3rd party liability riding insurance with entry)

Level 2 classes generously sponsored by Equisafety. www.equisafety.com

L3 pairs and individuals –

TSW/BHS Gold members/Affiliated Riding Club (BRC) Members: £55

L4 individuals only

Others: £65 (must provide details of 3rd party liability riding insurance with entry)

NB: No U16s in Level 4 classes

Special Prizes – please indicate on entry form if eligible:

Rosettes for all classes are kindly being sponsored by Travels on Horseback.

Special prize to best Level 1 Newcomer, generously donated by Maggie

Robertson. To be eligible, riders must not have competed in more than two full BHS TREC Competitions.

Special Rosette to highest placed **TREC South West** member in each class.

Special Prize to highest placed ex-racehorse registered with **Retraining of Racehorses.** www.ror.org.uk

Special Prize to highest placed adult rider riding a pony under 15hh, registered with the **Pony Riders Association.** www.ponyriders.org.uk

English Cup trophies will be awarded to the winners of the level 2, 3 and 4 classes.

Photographers in attendance: www.totalleigh.co.uk

ATTENTION:
Here's 3 ways you can have an unforgettable adventure...

1. Join us for US-style trail riding across stunning English countryside on your horse or ours
2. Stay in gorgeous country hotels, enjoy a massage and delicious home-cooked food
3. Finish with a seven-furlong gallop on a private beach!



Visit travelsonhorseback.com
or call 01278 438 794

The hot meal will cost **£10 per person** extra – numbers in advance please. Those not staying Sunday night are welcome to come along also. Please indicate your intention.

£10 per horse for corraling. **£5 per rider** for camping. Please indicate in table on entry form.

It is important that we know whether you are sleeping in a tent as we need to provide a 'safe' area away from corraling for tents.

Tack and dress as per current BHS TREC Rule Book 2009. TSW recommend riders should wear hats of PAS015 or EN1384 or superior standard. All hats must have a properly fitted and fastened chin strap and must be worn at all times when mounted. The organisers and landowners accept no responsibility for any accident, loss, damage, injury or illness to any horse, other animal, rider, spectator, or any other person or property.

Entries close **Thursday 20th May 2010** – waiting lists will be kept if full. **NO** late entries will be accepted.

Individual start times will be given and they will be posted on the website on the Wednesday before the competition

www.trecsouthwest.com

Entries to: **Anne Hand, Torre End House, Washford, Watchet, Somerset, TA23 0LA.**

Email: annehand@tiscali.co.uk Telephone: **01984 641302.**

General Enquiries to: Vanessa Warren vanessawarren@tiscali.co.uk or phone 01278 733432

What do we Wear?

Safe and comfortable riding gear (no requirement for jackets or plaiting) The horse's normal tack will be fine BUT please read the rules! Waterproofs and reflective clothing **are** required for POR phase

RULES

Rules as per the current BHS TREC Rulebook (fourth edition - 2009). The rule book is available price £5.95 inc P&P from The Competitions Office, The British Horse Society, Stoneleigh Deer Park, Kenilworth CV52XZ

1. Competition open to all horses and ponies, except stallions, providing they are a minimum of four years old (born in 2006 or earlier)
2. Riders any age but no lead rein competitors. Individual competitors under 16 must include a Minor's Indemnity Form with their entry.
3. Riders must wear a hard hat that meets the current standards recommended by the BHS (PAS015, EN1384 or ATSM F 1163, and bearing the kite mark or SEI)
4. Riders may choose to wear a body protector.
5. Riders must wear suitable footwear – no muckers
6. Standing martingales and other fixed reins are forbidden. If a running martingale is used the horse must be led from a headcollar and leadrope for led PTV obstacles.
7. Whips must not exceed 75cm. Spurs, if worn, must be rounded, not exceed 3.5cm and pointing downwards.

The decisions of the officials and Judges are final and must be complied with at all times. Competitors may be eliminated from the competition for any of the following reasons:

Excessive use of the whip

Abusive language

Dangerous riding

Uncorrected error of course (PTV)

HEALTH AND SAFETY

TSW and the organisers have taken all reasonable precautions to ensure the health and safety of everyone at the event. Please ensure that dogs are kept on leads at all times, children are supervised and horses/ponies are not left tied up without supervision. First aiders will be present in the event of an accident.

TSW cannot accept responsibility for loss or injury to persons, vehicles or animals howsoever caused. Please protect your valuables.

Competitors Code Of Conduct

It is not possible to draw up an exhaustive list of 'rules',

- All participants must keep in mind the true 'spirit of the sport' - to demonstrate the abilities and techniques to successfully navigate through unknown countryside, safely and with respect and responsibility to all.
- Competitors should treat all fellow competitors, judges, officials and members of the public as they would wish to be treated themselves.
- Competitors should remember that they are an ambassador for the sport of TREC, the BHS and the wider use of Equestrianism in the countryside.
- Respect for other users of the countryside is most important.
- Judges & Officials instructions should be followed at all times.
- Respect Judges and Officials decisions - competitors should make themselves aware of the correct procedures to follow if they wish to question any Judges / Officials decisions.
- Competitors must accept that in the event of a dispute, that the decision of the Ground Jury is final.
- Competitors should remember that the welfare of the horse is paramount, throughout the duration of the competition.
- Competitors should be aware of the correct presentation methods / requirements, for all phases of competition, as detailed in the current rules.
- Follow the Countryside Code,
- Ensure due attention is paid to the specific rules of particular venues.
- Please ensure you have familiarised yourself with the rules of the individual sections. Judges and stewards will assist where they can, but additional guidance, eg instruction on obstacles, cannot be given.

Please remember! Competitions would not happen without the generous giving of time from the judges and helpers - please smile and thank them for their effort!

BHS/TREC SOUTH WEST ENTRY FORM



ENTRIES CLOSE THURSDAY 20TH MAY 2010 (NO LATE ENTRIES)

Date of Competition: **Quantocks TREC 30th and 31st May 2010**

Judges and Helpers

Free tickets and complementary drinks will be provided to all helpers. Note that even for judging, horse and riding knowledge is not always required.

Name	Comments/Experience

Level 1 Pairs Level 1 Individual Level 2 Pairs Level 2 Individual
 Level 3 Pairs Level 3 Individual Level 4 Individual

Pairs Name (if applicable):			
First Rider's Name:			
Address:			
Post Code:		Telephone Number:	
Mobile Number:		Date of Birth:	
TSW/BHS Membership No:			
Email Address:			
Horse's Name:		Breed:	
Height:		Year of Birth:	

Special Prizes: Level 1 Prize TSW Member Prize RoR Prize PRA Prize
 I wish my result to count towards the Euro Cup (Level 4 only)

Second Rider's Name:			
Address:			
Post Code:		Telephone Number:	
Mobile Number:		Date of Birth:	
TSW/BHS Membership No:			
Email Address:			
Horse's Name:		Breed:	
Height:		Year of Birth:	

Special Prizes: Level 1 Prize TSW Member Prize RoR Prize PRA Prize
 I wish my result to count towards the Euro Cup (Level 4 only)

Please ensure you enclose details of your third party riding insurance if you are not a TSW/BHS Gold member.

Entry Fee	Additional Info	Number	Cost
Entry Fee		-	
Hot Food Tickets @ £10 each			
Camping @ £5 per rider (please indicate which nights you are staying)	Lorry/Tent		
Rider/s Name/s:			
Corralling @ £10 per horse (please indicate which nights you are staying)			
Horse/s Name/s:			
Voluntary contribution to Dorset and Somerset Air Ambulance		-	
I have read, understand, and agree to abide by the rules of BHS TREC 2009.		Total Enclosed	£
Both riders to sign if applicable. (Under 16s must be signed by parent/guardian as well)			

First Rider _____ Second Rider _____

ALL CHEQUES MADE PAYABLE TO TREC SOUTHWEST

Entries to: Anne Hand, Torre End House, Washford, Watchet, Somerset, TA23 0LA, Telephone: 01984 641302

MINORS INDEMNITY ACCEPTANCE FORM

INDEMNITY TO BE SIGNED BY THE PARENT OR LEGAL GUARDIAN OF

CHILDREN AGED BETWEEN 14 AND 16 PARTICIPATING **AS INDIVIDUALS** IN EVENTS ORGANISED BY TREC SOUTH WEST

1. I, the undersigned acknowledge that I have read or have been made aware of the safety rules pertaining to the participation by my child in TREC South West events, and that I understand these rules and accept the risks which are inherent in the participation in the aforementioned activity.
2. I am aware and understand that participation in the event involves intensive physical and mental exertion. I warrant that my child is free from any medical condition that may endanger his/her life or well being or the life or well being of any other participant.
3. By my signature hereto, I undertake not to hold the organisers nor landowners liable for any injury, loss or damage which my child might sustain whilst participating in the event and howsoever arising irrespective of whether such loss, injury or damage can be attributed to any act or omission of TREC South West nor the landowners.

CHILD'S FULL NAME AND SURNAME: _____

CHILD'S DATE OF BIRTH: ____/____/____

PARENT OR LEGAL GUARDIANS FULL NAMES AND ADDRESS

PARENT OR GUARDIANS SIGNATURE: _____

DATE ____/____/____

PHONE: (W) _____

(H) _____